

The  
**THINKING**  
Series

**Teaching Discussion Questions**  
Session 1: What Is the Meaning of Life?  
([meaning.thinkingseries.com](http://meaning.thinkingseries.com))

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# Teaching Discussion Questions

## Session 1: What Is the Meaning of Life?

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Discuss these points Andy made in the video:

“Things don’t have meaning in and of themselves; persons give things meaning, because meaning is a quality of personhood.” (02:51 – 03:00)

### What are some examples of this (e.g. language)?

.....

“Because we are able to give *things* meaning, we are tempted to give ourselves and *whole* of life meaning... ..It’s important to remember that we didn’t create the universe nor ourselves, for that matter. No one has brought him or herself into existence. So how could we possibly know the meaning of our lives?” (03:29 – 03:55)

### Do you think it is possible for a person to answer why we exist or must the answer be found outside of ourselves?

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“He [a teacher of the law] asked Jesus, “What is the greatest commandment?” And Jesus said this, “Hear, O Israel, the Lord our God, the Lord is one... Love the Lord your God with all your heart, soul, mind, and strength. And love your neighbour as yourself.” The meaning of life according to Jesus is simple—relationship. You were created to know and to be known, to love and to be loved. Everything comes down to this.” (07:36 – 08:30)

### Do you agree that the meaning of life is relationship with God and people? Elaborate.

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The following recommended resources are available at: [meaning.thinkingseries.com](http://meaning.thinkingseries.com)

#### Think For a Minute videos:

- What Gives Life Meaning?
- What Is the Meaning of Life?

#### Apologetics Canada Podcast

- Episode AC009 – Thinking Series: What Is the Meaning of Life?

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